

The Mirror Neuron Revolution: Explaining What Makes Humans Social

"Mirror neurons are the only brain cells we know of that seem specialized to code the actions of other people and also our own actions. They are obviously essential brain cells for social interactions. Without them we would likely be blind to the actions, intentions and emotions of other people... When I see you smiling, my mirror neurons for smiling fire up, too... I don't need to make any inference on what you are feeling."